

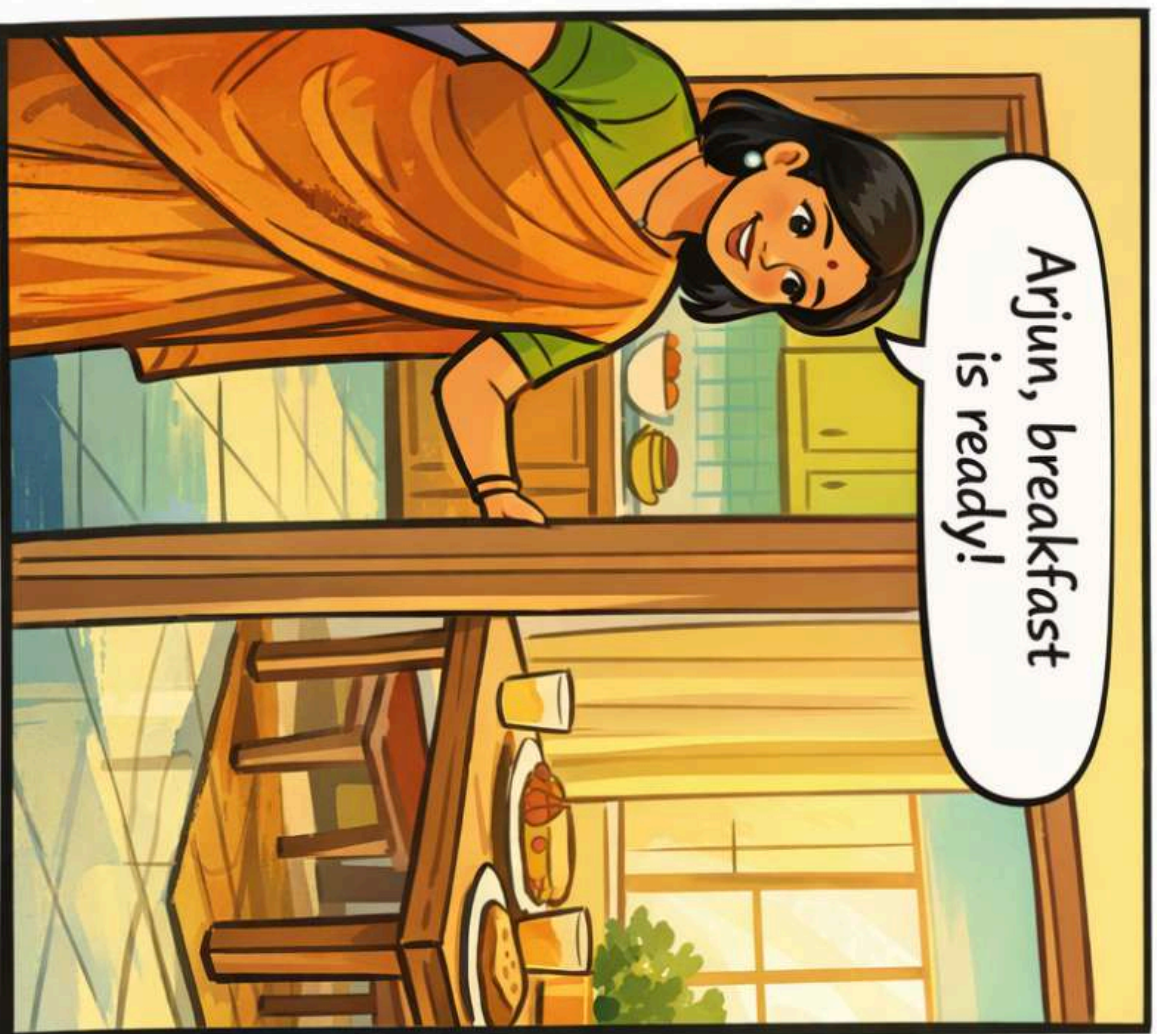
POSITIVE PARENTING GUIDE

✦ Raising Happy and Confident Children ✦



✦ By Prof (Dr) Priyadarshree Patra ✦

Morning at the Sharma household.



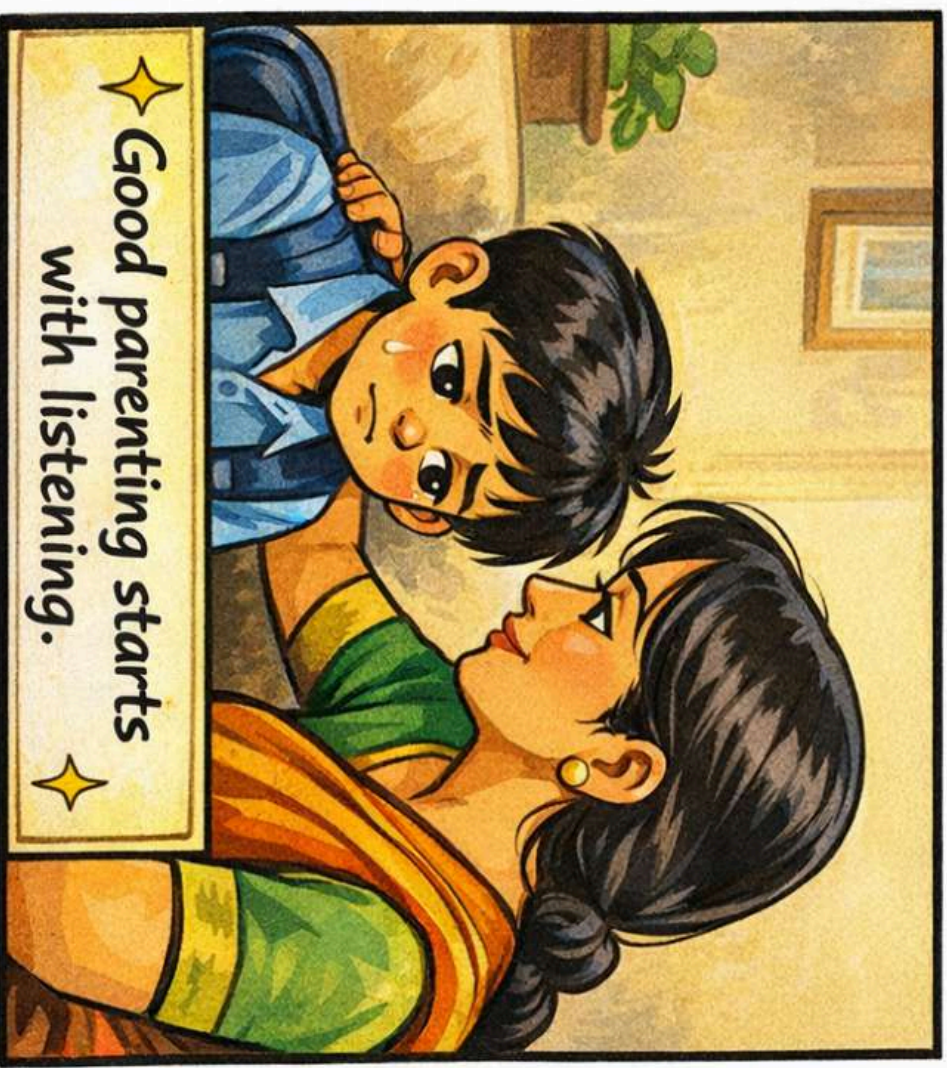


Parenting is not about controlling children.
It is about guiding them.

LISTENING TO CHILDREN



LISTENING TO CHILDREN



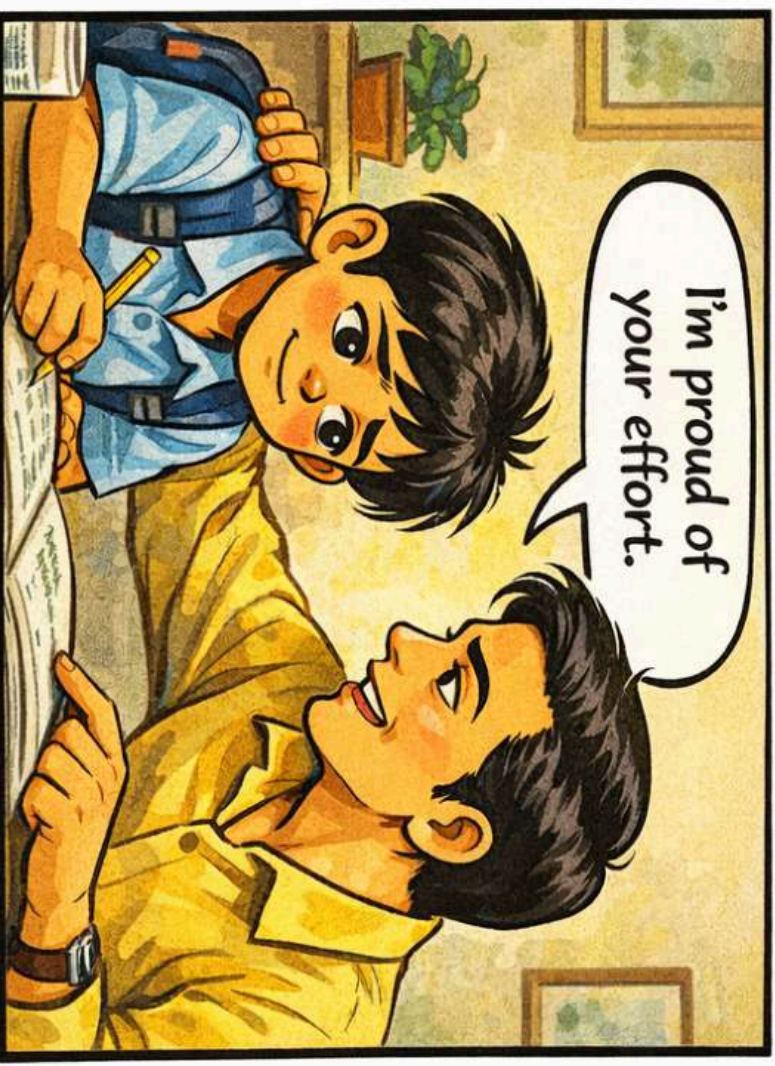
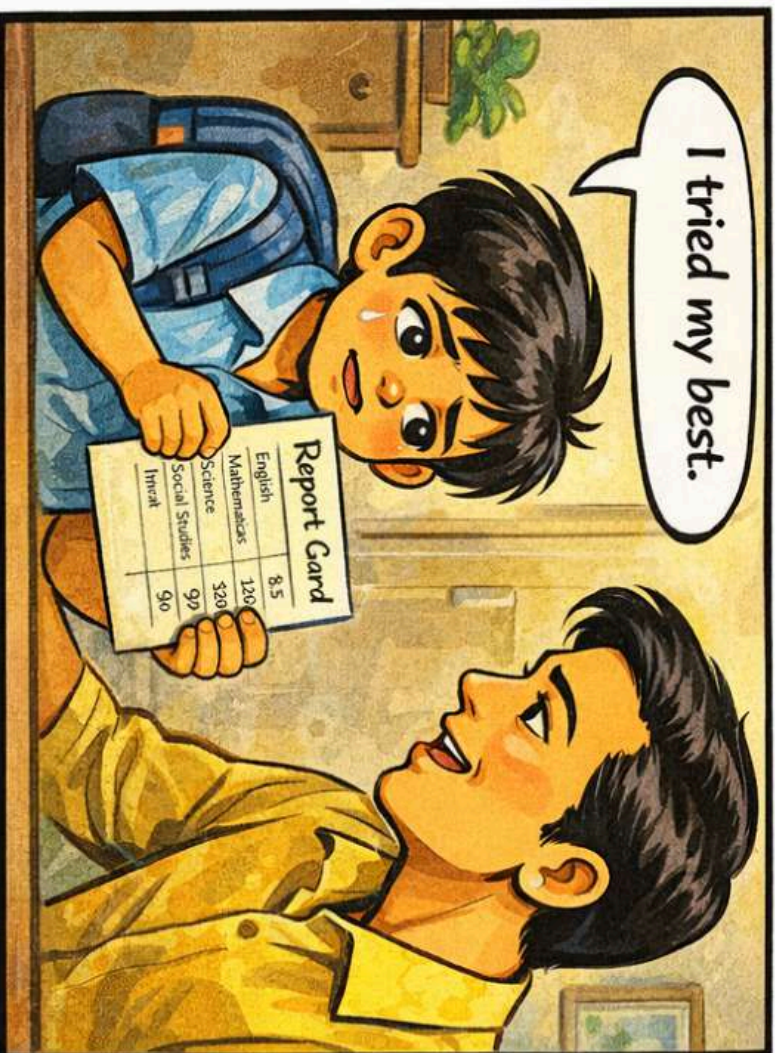
WHAT NOT TO DO



WHAT NOT TO DO



ENCOURAGEMENT VS PRESSURE



✦ Encouragement builds confidence.
Pressure builds fear. ✦

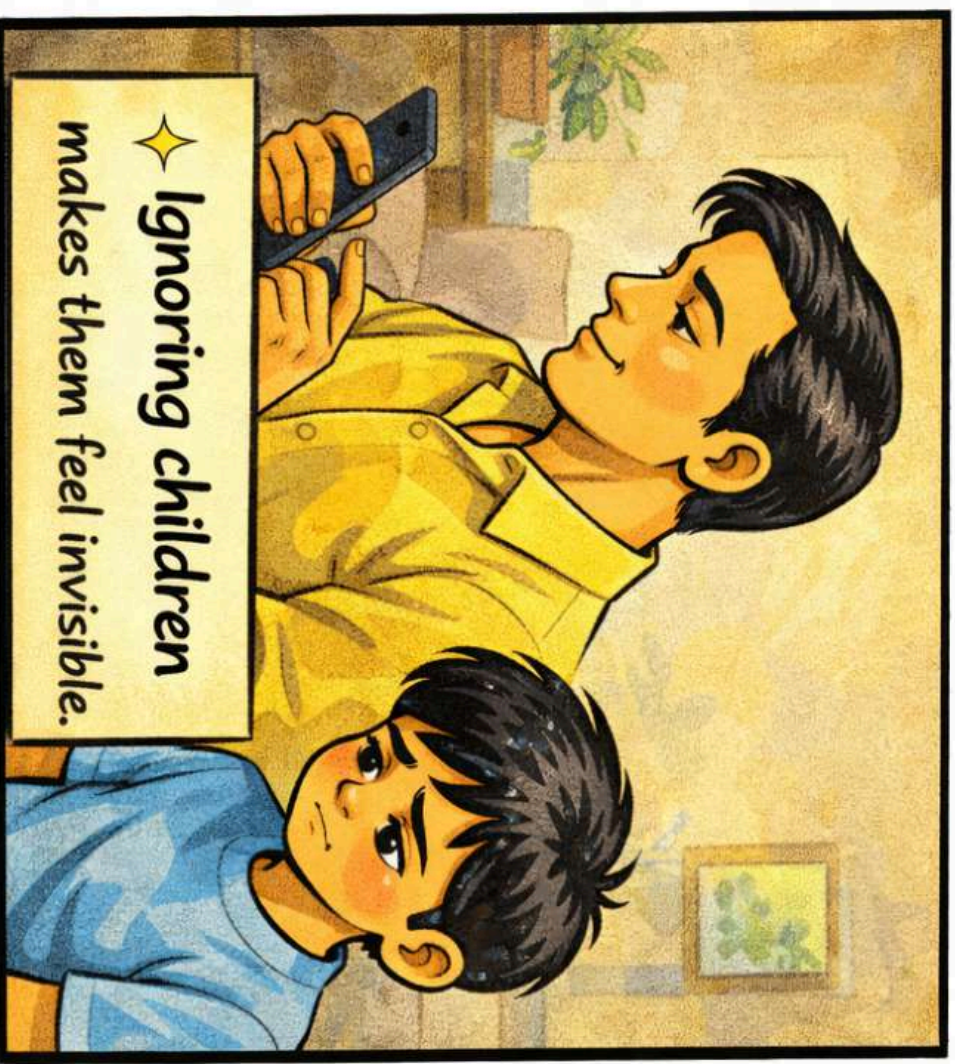
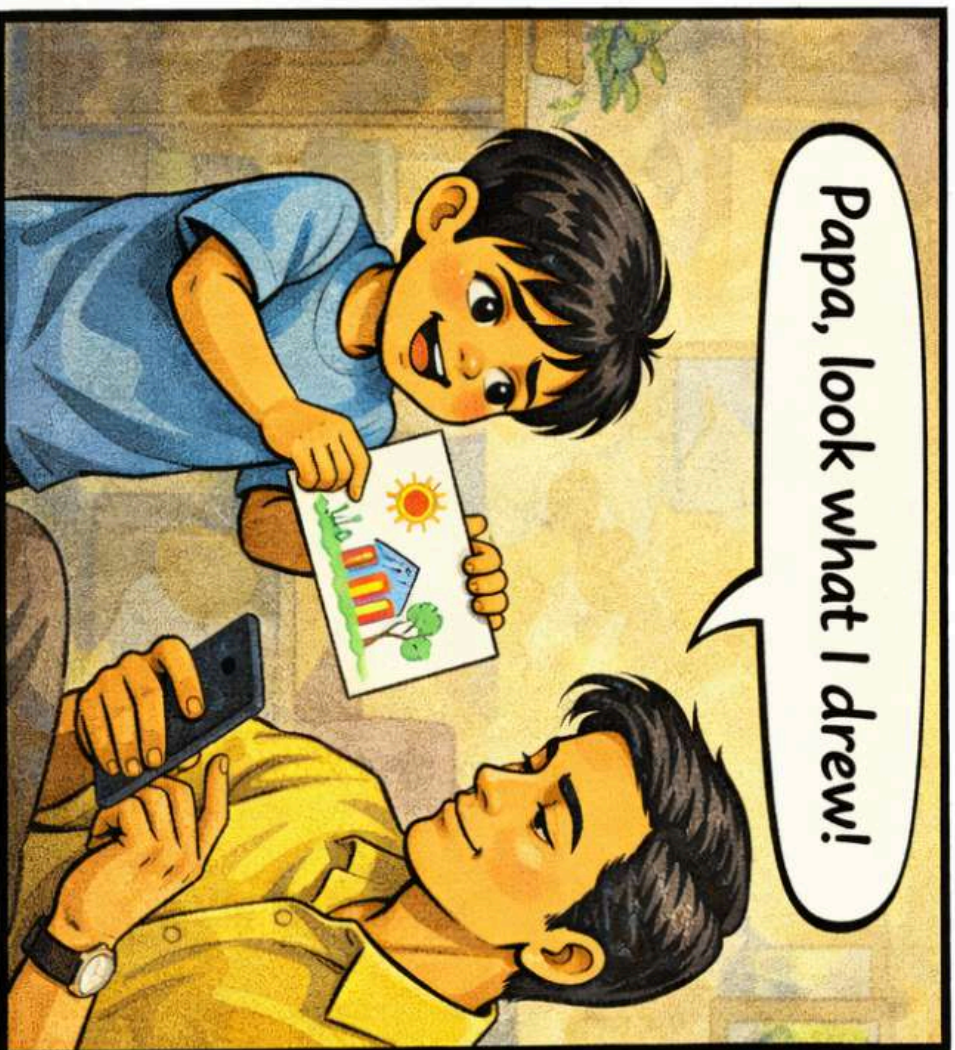
SETTING BOUNDARIES



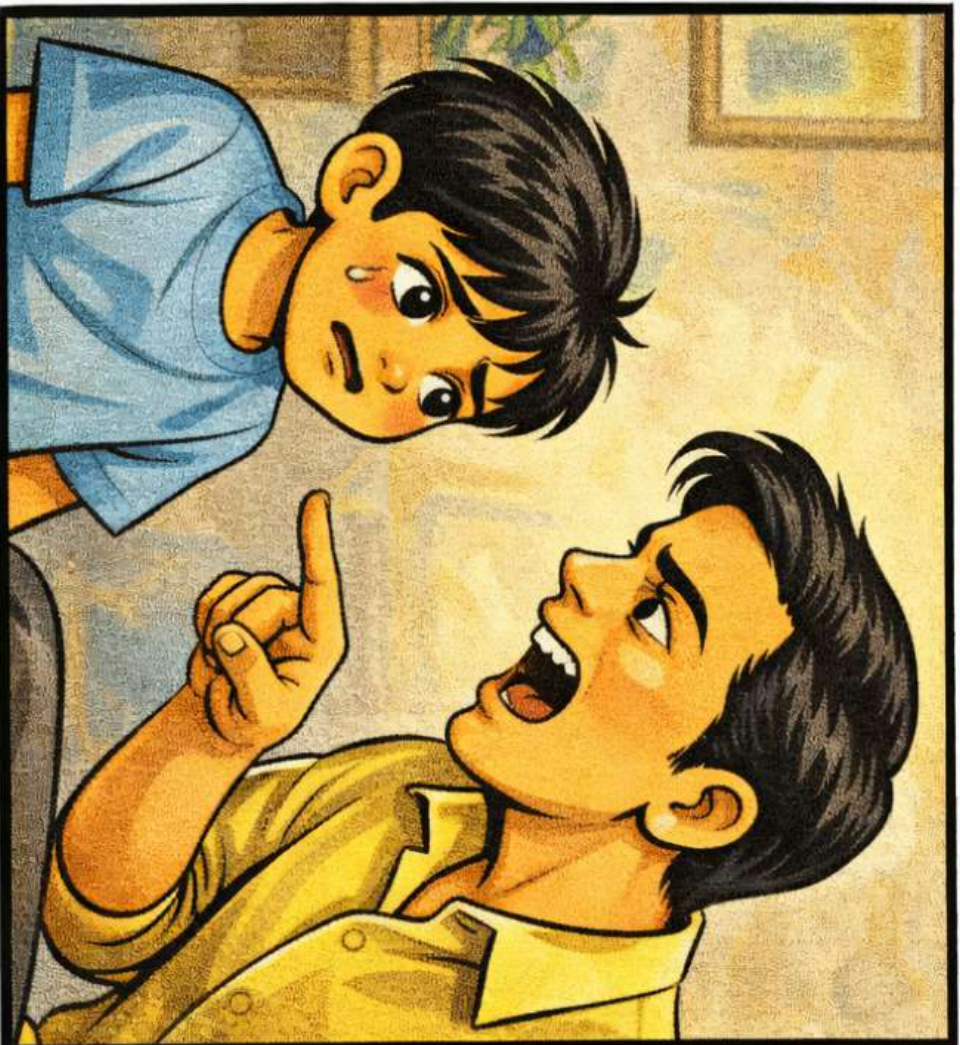
SETTING BOUNDARIES



WHAT NOT TO DO

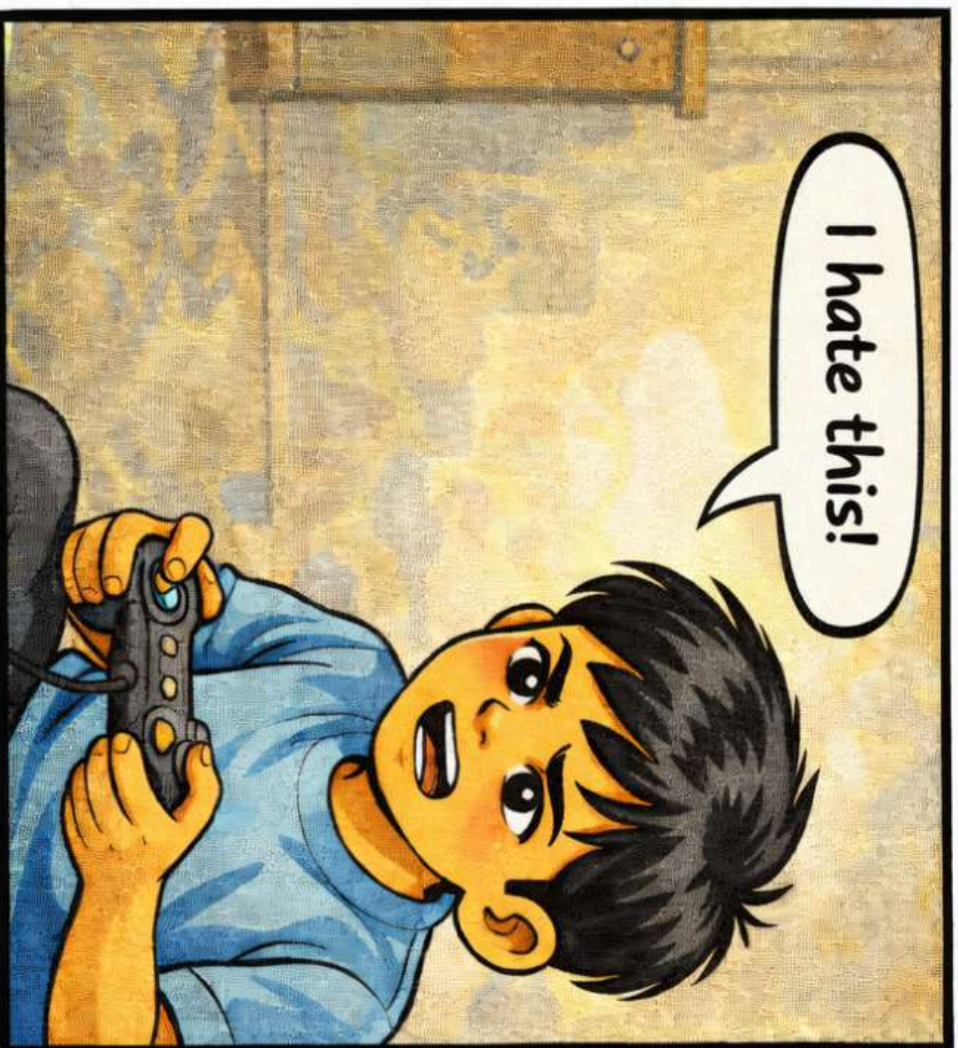


WHAT NOT TO DO

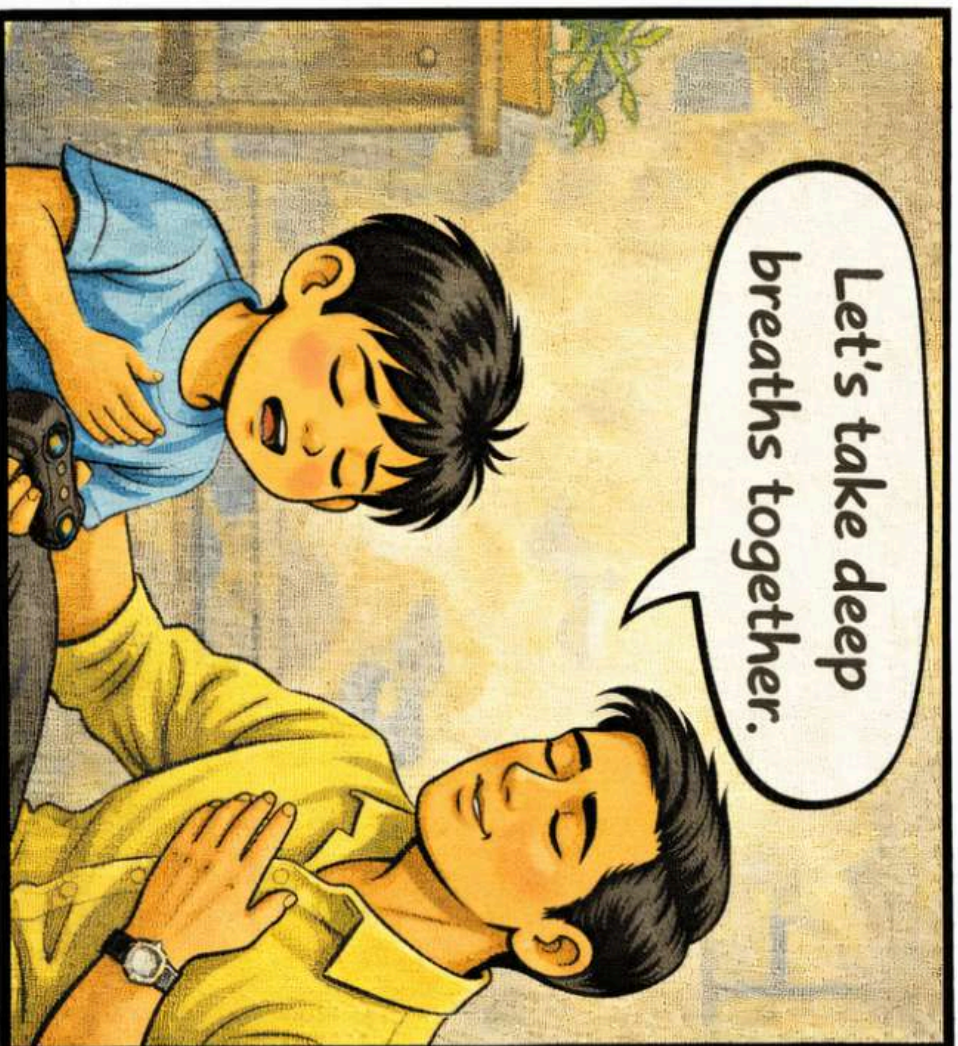


✦ Frequent anger creates
fear, not respect.

TEACHING EMOTIONAL SKILLS



TEACHING EMOTIONAL SKILLS

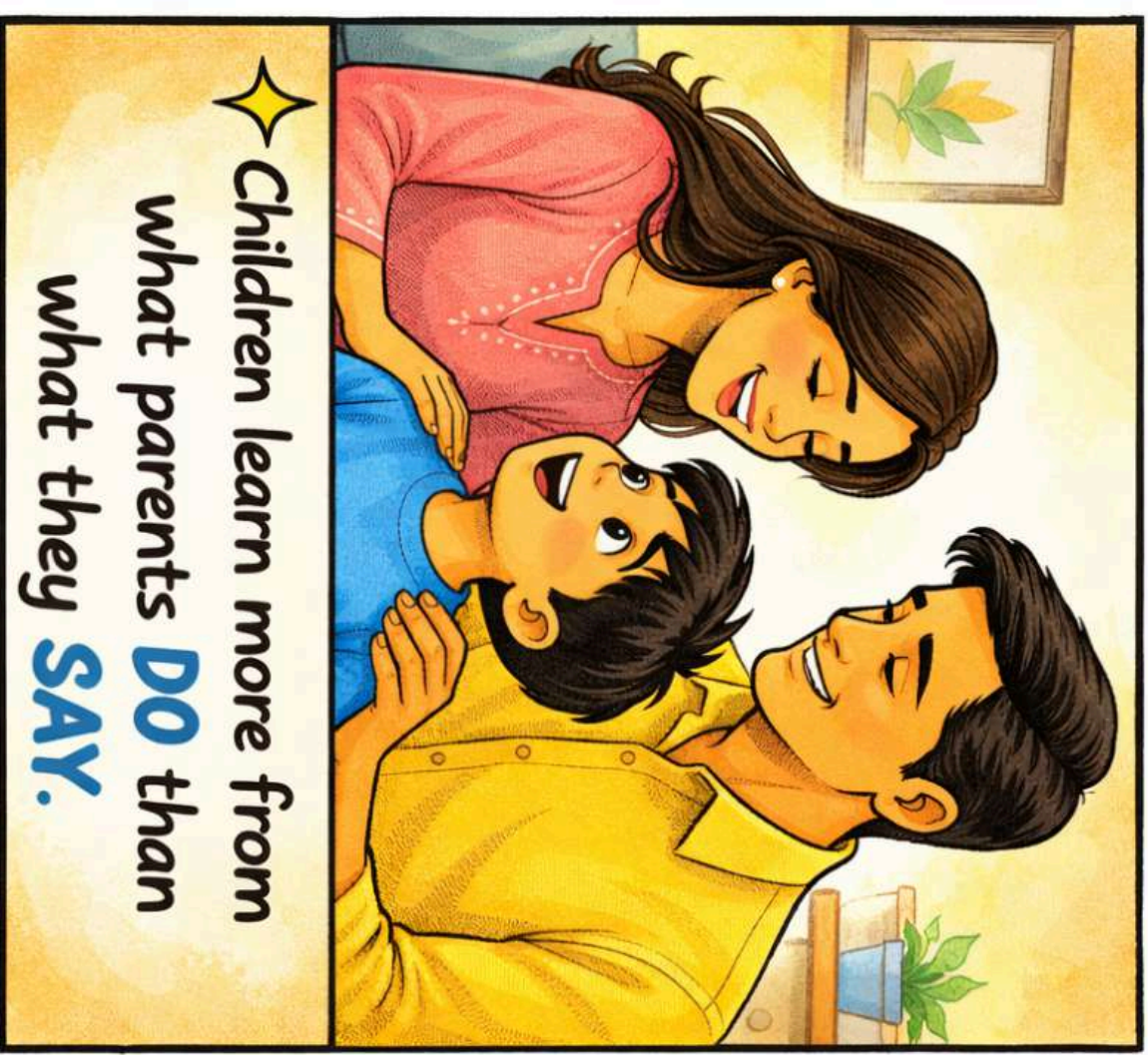


✦ Parents are children's first teachers of emotions.

BEING A ROLE MODEL



BEING A ROLE MODEL



SUPPORTING INDEPENDENCE



✦ Good parenting prepares
children for life.

SPENDING QUALITY TIME



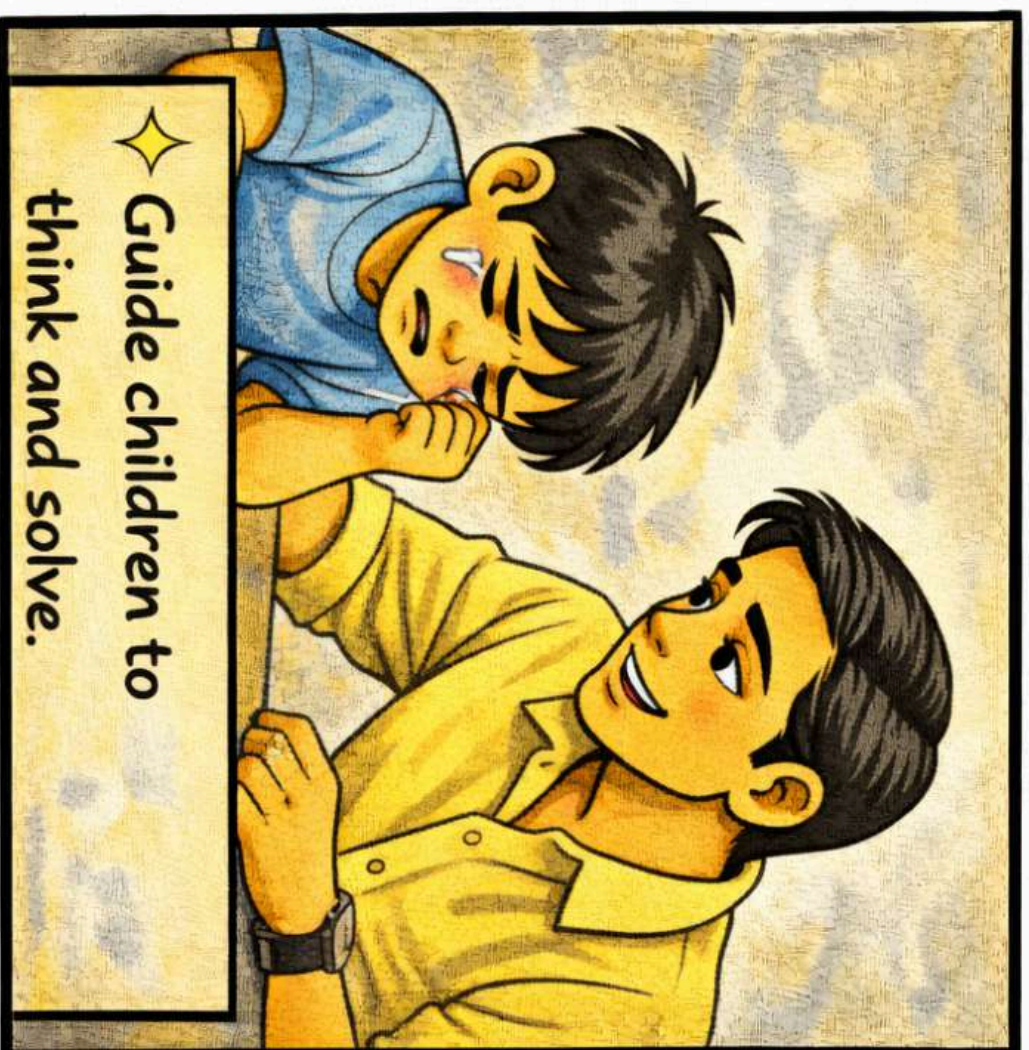
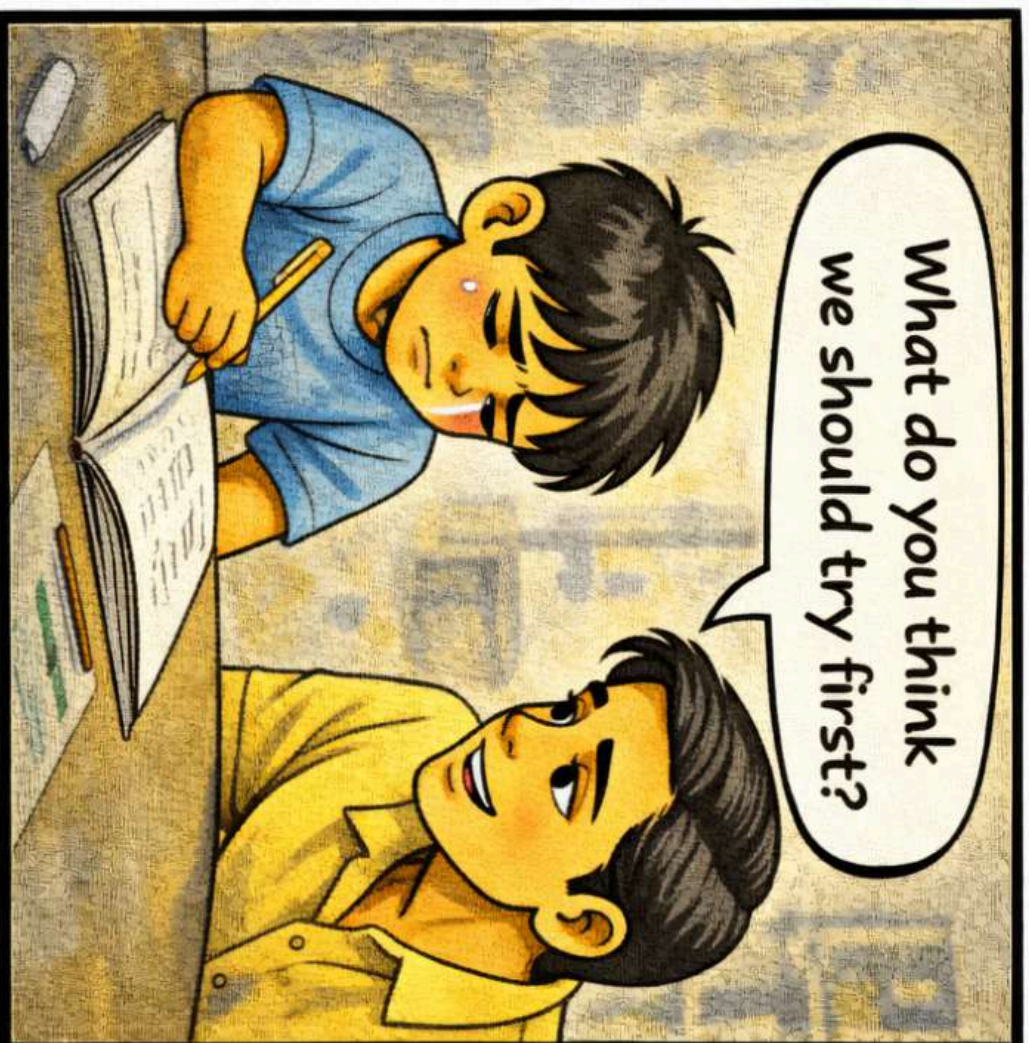
PRAISE EFFORT, NOT JUST RESULTS



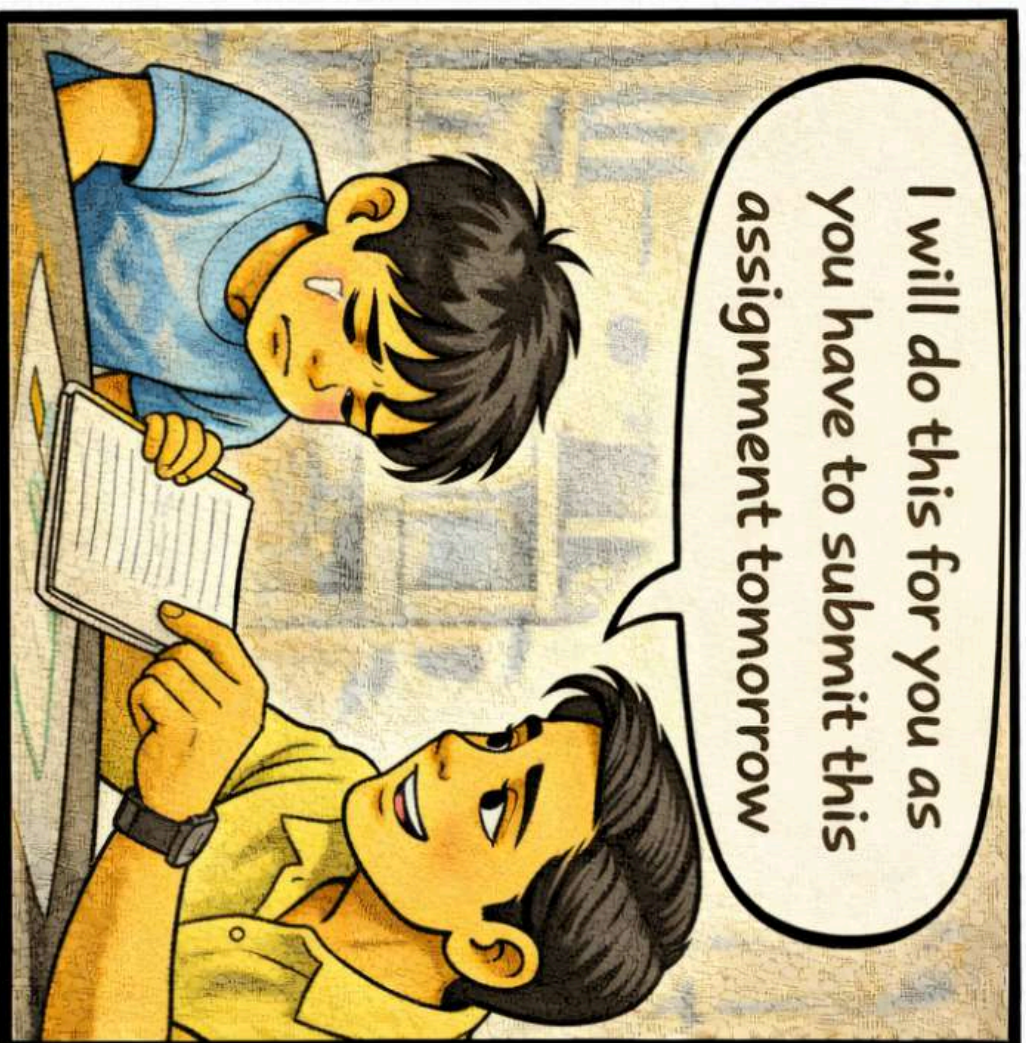
RESPECT CHILDREN'S FEELINGS



TEACH PROBLEM SOLVING



WHAT NOT TO DO



✦ Doing everything for children prevents learning.

HANDLING MISTAKES POSITIVELY



WHAT NOT TO DO



✦ Fear prevents children from trying new things.

CONSISTENCY IN RULES

What to do



What not to do



✧ Inconsistent rules create confusion.

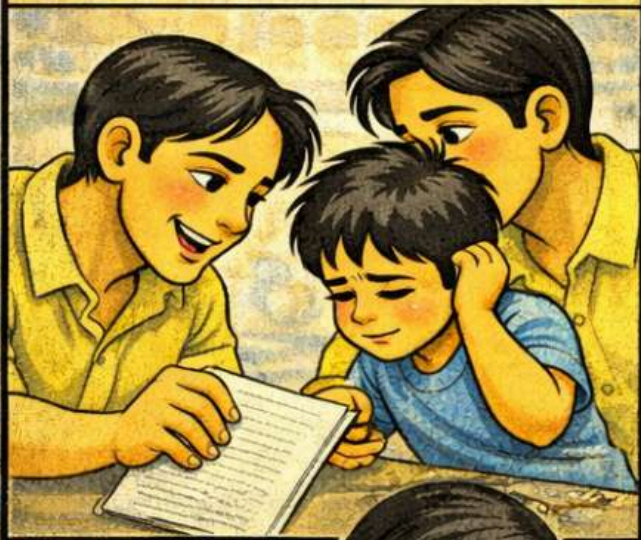
Praise Effort



Respect Feelings



Teach Problem Solving



Handle Mistakes Positively



★ Helping Parents Raise Happy, Confident Children! ★

✧ Children do not need perfect parents. ✧

They need parents who guide them with
patience, love, and understanding.

